



The McKissick Center
FOR SENIOR WELLNESS

June 2026

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Pork Medallions in Cream Sauce over Orzo Brussell Sprouts Applesauce Milk	2	Herb Roasted Chicken Green Bean Casserole Roasted Sweet Potato Roll, Pudding Juice Pack	3	Ham Collard Greens Pinto Beans Cornbread Orange, Milk	4	Chicken Enchilada Casserole Spanish Rice Corn Okra & Tomatoes Banana	5	Hamburger on Bun w/ lettuce & Tomato Potatoes Au Gratin Pickled Beets Chocolate Milk
8	BBQ Chicken Thigh Mashed Potatoes Lima Beans Roll, Yogurt Juice Pack	9	Baked Ziti Tossed Salad w/ Dressing Broccoli Garlic Bread Fruit Crisp	10	Sliced Turkey w/ Cornbread Dressing & Gravy Peas and Carrots Baked Apples Milk	11	Baked Chicken Red Beans & Rice Sauteed Spinach Squash, Roll Banana, Milk	12	Hot Dog w/ Chili Black Bean & Corn Salad Orange Pudding Chocolate Milk
15	BBQ on Bun Baked Beans Cole Slaw Mixed Fruit Cup Milk	16	Sweet & Sour Chicken Rice, Egg Roll Oriental Vegetables Squash, Mandarin Fruit Cup Milk	17	Ham Potatoes Au Gratin Corn, Sliced Tomato Fruit Crisp Roll, Milk	18	Meatloaf Mashed Potatoes Okra & Tomatoes Cornbread Banana, Milk	19	Chef Salad w/ Dressing Grape Salad Cheese Cubes Crackers Juice Cup
22	Meataballs in Gravy Mashed Red Potatoes Green Beans Roll, Pudding Juice Pack	23	Breaded Chicken Strips w/ Honey Mustard Cannellini Bean Salad Cole Slaw, Raisins Milk	24	Turkey & Swiss Sandwich Broccoli Salad Cucumber Slices Blueberries Yogurt	25	Pork Roast w/ Rice & Gravy Cabbage Steamed Carrots Apple, Milk	26	Cranberry Chicken Salad on Fresh Spinach Beet Salad Banana Pudding Crackers, Milk
29	Pork Medallions in Cream Sauce over Orzo Brussell Sprouts Applesauce Milk	30	Herb Roasted Chicken Green Bean Casserole Roasted Sweet Potato Roll, Pudding Juice Pack						

Menu items are subject to change due to availability