



The McKissick Center
FOR SENIOR WELLNESS

May 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cranberry Chicken Salad on Fresh Spinach Beet Salad Banana Pudding Crackers, Milk
4 Pork Medallions in Cream Sauce over Orzo Brussell Sprouts Applesauce Milk	5 Herb Roasted Chicken Green Bean Casserole Roasted Sweet Potato Roll, Pudding Juice Pack	6 Ham Collard Greens Pinto Beans Cornbread Orange, Milk	7 Chicken Enchilada Casserole Spanish Rice Corn Okra & Tomatoes Banana	8 Hamburger on Bun w/ lettuce & Tomato Potatoes Au Gratin Pickled Beets Chocolate Milk
11 BBQ Chicken Thigh Mashed Potatoes Lima Beans Roll, Yogurt Juice Pack	12 Baked Ziti Tossed Salad w/ Dressing Broccoli Garlic Bread Fruit Crisp	13 Sliced Turkey w/ Cornbread Dressing & Gravy Peas and Carrots Baked Apples Milk	14 Baked Chicken Red Beans & Rice Sauteed Spinach Squash Banana, Milk	15 Hot Dog w/ Chili Black Bean & Corn Salad Orange Pudding Chocolate Milk
18 BBQ on Bun Baked Beans Cole Slaw Mixed Fruit Cup Milk	19 Sweet & Sour Chicken Rice, Egg Roll Oriental Vegetables Squash, Mandarin Fruit Cup Milk	20 Ham Potatoes Au Gratin Corn, Sliced Tomato Fruit Crisp Roll, Milk	21 Meatloaf Mashed Potatoes Okra & Tomatoes Cornbread Banana, Milk	22 Chef Salad w/ Dressing Grape Salad Cheese Cubes Crackers Juice Cup
25 Closed For Memorial Day	26 Breaded Chicken Strips w/ Honey Mustard Cannellini Bean Salad Cole Slaw, Raisins Milk	27 Turkey & Swiss Sandwich Broccoli Salad Cucumber Slices Blueberries Yogurt	28 Pork Roast w/ Rice & Gravy Cabbage Steamed Carrots Apple, Milk	29 Cranberry Chicken Salad on Fresh Spinach Beet Salad Banana Pudding Crackers, Milk

Menu items are subject to change due to availability