

May 2026



Liberty Young at Heart Activities  
 349 Edgemont Avenue | Liberty SC  
 8:30 AM-2:30 PM 864.855.3770  
 Marsha Robertson, Program Coordinator



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Available Daily 8:30 AM-2:30 PM –                      Individual/Small Group Activities                      Board/Table Games - Crafts – Playing Cards –                      Jigsaw Puzzles - Reading –                      Pool Table</p>		<p><b>1</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Geri-Fit                      9-10 Cards/Games                      10-11:30 Bingo/LCR                      11:30-12:30 Lunch</p>
<p><b>4</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Geri-Fit                      9-10 Cards/Games                      10-11:30 Bingo/LCR                      11:30-12:30 Lunch</p>	<p><b>5 National Cartoonist Day</b>                      (a surprise awaits!)                      8:30 Coffee/Open Activities                      9-10 Exercise-Zumba                      9-10 Cards/Games                      10-11:30 Bingo/LCR                      11:30-12:30 Lunch</p>	<p><b>6</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Geri-Fit                      9-10 Cards/Games                      10:00-11:30 Bingo/LCR                      11:30-12:30 Lunch</p>	<p><b>7 Siete de Mayo</b>                      (instead of Cinco de Mayo 😊)                      8:30 Coffee/Open Activities                      9-10 Exercise-Zumba                      9-10 Cards/Games                      10-11:30 Chicken Foot/Bingo/LCR                      11:30 -12:30 Lunch</p>	<p><b>8 Mother's Day Celebration</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Geri-Fit                      9-10 Cards/Games                      10-11:30 Bingo/LCR                      11:30-12:30 Lunch</p>
<p><b>11</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Geri-Fit                      9-10 Cards/Games                      10-11:30 Bingo/LCR                      11:30-12:30 Lunch</p>	<p><b>12</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Zumba                      10-11:15 Bingo/LCR                      11:30-12:30 Lunch</p>	<p><b>13</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Geri-Fit                      9-11:30 Shopping Trip                      10:00-11:30 Bingo/LCR                      11:30-12:30 Lunch</p>	<p><b>14 Birthday Celebration</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Zumba                      9-10 Cards/Games                      10-11:30 Chicken Foot/Bingo/LCR                      11:30 -12:30 Lunch</p>	<p><b>15</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Geri-Fit                      9-10 Cards/Games                      10-11:30 Bingo/LCR                      11:30-12:30 Lunch</p>
<p><b>18</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Geri-Fit                      9-10 Cards/Games                      10-11:30 Bingo/LCR                      11:30-12:30 Lunch</p>	<p><b>19</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Zumba                      9-10 Cards/Games                      10-11:15 Bingo/LCR                      11:30-12:30 Lunch</p>	<p><b>20</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Geri-Fit                      9-10 Cards/Games                      10:00-11:30 Bingo/LCR                      11:30-12:30 Lunch</p>	<p><b>21 ACOG Assessments</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Zumba                      9-10 Cards/Games                      10-11:30 Chicken Foot/Bingo/LCR                      11:30 – Lunch and Learn                      Frauds/Scams</p>	<p><b>22</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Geri-Fit                      9-10 Cards/Games                      10-11:30 Bingo/LCR                      11:30-12:30 Lunch</p>
<p><b>25 CENTER CLOSED</b></p> <p><b>MEMORIAL DAY</b>  <small>REMEMBER AND HONOR</small></p>	<p><b>26</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Zumba                      9-11 Shopping Trip                      10-11:15 Bingo/LCR                      11:30-12:30 Lunch</p>	<p><b>27</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Geri-Fit                      10:00 Nutrition Session- Pulses                      10:20-11:30 Bingo                      11:30-12:30 Lunch</p>	<p><b>28</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Zumba                      9-10 Cards/Games                      10-11:30 Chicken Foot/Bingo/LCR                      11:30 -12:30 Lunch</p>	<p><b>29</b>                      8:30 Coffee/Open Activities                      9-10 Exercise-Geri-Fit                      9-10 Cards/Games                      10-11:30 Bingo/LCR                      11:30-12:30 Lunch</p>