

WELCOME APRIL 2026



Easley Young at Heart Activities
250 Burns Road | Easley SC | 8:30 AM-5:00 PM
864.614.1280 | Jeanna Sevic, Site Coordinator
Katie Boone, Site Coordinator

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|
| <p>Available Daily 8:30AM-5:00PM Coffee/Tea Bar Individual/Small Group Activities Board/Table Games ~ Playing Cards Jigsaw Puzzles ~ Reading/Shared Library ~ Pool Table <u>Morning Bingo is now 10:30-11:30</u></p> | | <p>1 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 12:45 Fiber Arts Club 1:00-2:00 Exercise Geri-Fit 2:15 Bingo</p> | <p>2 9:30-10:30 Exercise-Zumba Gold 9:30-10:30 Spring Craft 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Spring Craft</p> | <p>3 Closed for Good Friday</p>  |
| <p>6 9:30-10:30 Exercise- Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo</p> | <p>7 9:30-10:30 Exercise Zumba Gold 11:00- Guest Speaker- Healthy Aging 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15 Bingo</p> | <p>8 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo</p> | <p>9 9:30-10:30 Exercise-Zumba Gold 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15 Bingo</p> | <p>10 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00 Bridge Club 1:00-2:00 Exercise Geri-Fit 2:15 Bingo</p> |
| <p>13 9:30-10:30 Exercise- Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00 Young at Heart Book Club 1:00-2:00 Exercise Geri-Fit 2:15 Bingo</p> | <p>14 ACOG ASSESSMENTS 9:30-10:30 Exercise- Zumba Gold 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15 Bingo</p> | <p>15 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 12:45- Fiber Arts Club 1:00-2:00 Exercise Geri-Fit 2:15 Bingo</p> | <p>16 9:30-10:30 Exercise-Zumba Gold 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo</p> | <p>17 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00 Bridge Club 1:00-2:00 Exercise Geri-Fit 2:15 Bingo</p> |
| <p>20 9:30-10:30 Exercise- Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo</p> | <p>21 9:30-10:30 Exercise- Zumba Gold 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15 Bingo</p> | <p>22 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:30 Dinning Music with Roger 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo</p> | <p>23 9:30-10:30 Exercise-Zumba Gold 9:30-10:30 Spring Craft 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Spring Craft</p> | <p>24 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00 Bridge Club 1:00-2:00 Exercise Geri-Fit 2:15 Bingo</p> |
| <p>27 9:30-10:30 Exercise- Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo</p> | <p>28 9:30-10:30 Exercise- Zumba Gold 10:30-11:15 Bingo 11:15-11:45 Nutrition Session- Pulses 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15 Bingo</p> | <p>29 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:45-12:45 Lunch 12:45 Pool Tournament 1:00-2:00 Exercise Geri-Fit 2:15 Bingo</p> | <p>30 9:30-10:30 Exercise-Zumba Gold 10:30 -11:30 Birthdays & Bingo 11:45-12:45 Lunch 1 :00-2:00 Exercise Tai Chi 2:15 Bingo</p> | <p>Spring Prom is April 18 at McKissick Center in Liberty at 5pm</p> |