



hello

# MARCH

2026

Liberty Young at Heart Activities  
 349 Edgemont Avenue | Liberty SC  
 8:30 AM-2:30 PM 864.855.3770  
 Marsha Robertson, Program Coordinator



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>3</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>4 1st Wednesday Breakfast</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit <b>9:40 Lenten Devotional(Optional)</b> 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>5</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba <b>9-10 Movie- Ruby Bridges Story</b> 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	<b>6 Time Change on Sunday!</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
<b>9</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>10</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba <b>9-11 Shopping Trip</b> 10-11:15 Cards/Games 11:30-12:30 Lunch	<b>11</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit <b>9:40 Lenten Devotional(Optional)</b> 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>12 Birthday Celebration</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba <b>9-10 Movie- Ruby Bridges Story</b> 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	<b>13</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
<b>16</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>17 St Patrick's Day</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 10-11:15 Bingo/LCR 11:30-12:30 Lunch	<b>18</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit <b>9:40 Lenten Devotional(Optional)</b> 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>19 ACOG ASSESSMENTS</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	<b>20 First Day of Spring</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
<b>23</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR <b>11:30-12:30 Lunch and Learn</b> <b>Healthy Aging—</b> <b>See Flyer at Check-In Counter</b>	<b>24</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba <b>9-11 Shopping Trip</b> 10-11:15 Cards/Games 11:30-12:30 Lunch	<b>25 Spring Craft</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit <b>9:40 Lenten Devotional(Optional)</b> 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>26 Spring Craft</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	<b>27</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
<b>30</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>31</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:15 Bingo/LCR 11:30-12:30 Lunch	 <p> <b>3/3 Ann M</b>  <b>3/15 Lonna M</b>  <b>3/21 Franklin R</b>  <b>3/26 Donald H</b>  <b>3/27 Mattie C</b> </p>		<b>Available Daily 8:30 AM-2:30 PM –</b> <b>Individual/Small Group Activities</b>  <b>Board/Table Games - Crafts –</b> <b>Playing Cards –</b> <b>Jigsaw Puzzles - Reading – Pool</b> <b>Table</b>