

# February

2026

Liberty Young at Heart Activities

349 Edgemont Avenue | Liberty SC | 8:30 AM-2:30 PM  
864.855.3770 | Marsha Robertson, Program Coordinator



2/5 Judy M  
2/8 Elaine L  
2/19 Ethel R  
2/24 Mike P

**Available Daily 8:30 AM-2:30 PM –  
Individual/Small Group Activities  
Board/Table Games - Crafts –Playing Cards –  
Jigsaw Puzzles - Reading – Pool Table**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch		<b>3</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch		<b>4 1st Wednesday Breakfast</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch		<b>5 Birthday Celebration</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch		<b>6 National Wear Red Day</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	
<b>9</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch		<b>10</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba <b>9-11 Shopping Trip</b> 10-11:15 Bingo/LCR 11:30-12:30 Lunch		<b>11</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch		<b>12 Valentine's Day Celebration</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch		<b>13</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	
<b>16</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch		<b>17 Mardi Gras Celebration</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 10-11:15 Bingo/LCR 11:30-12:30 Lunch		<b>18 Ash Wednesday</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit <b>9-10 Ash Wednesday Devotional(optional)</b> 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch		<b>19 ACOG ASSESSMENTS</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba <b>9-10 Movie- Ruby Bridges Story</b> 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch		<b>20</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	
<b>23</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch		<b>24</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba <b>9-11 Shopping Trip</b> 10-11:15 Bingo/LCR 11:30-12:30 Lunch		<b>25</b> 8:30 Coffee/Open Activities <b>9:00 Lenten Devotional(optional)</b> 9-10 Exercise-Geri-Fit <b>10:00 Nutrition Session- Healthy Food/Healthy Brain</b> 10:20-11:30 Bingo 11:30-12:30 Lunch		<b>26</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba <b>9:00 Movie- Ruby Bridges Story- Part 2</b> 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch		<b>27</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	