



February 2026

Easley Young at Heart Activities
 250 Burns Road | Easley SC | 8:30 AM-5:00 PM
 864.614.1280 | Jeanna Sevic, Site Coordinator
 ♥ Katie Boone, Site Coordinator

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Available Daily 8:30AM-5:00PM Coffee/Tea Bar Individual/Small Group Activities Board/Table Games ~ Playing Cards Jigsaw Puzzles ~ Reading/Shared Library ~ Pool Table See bulletin board for more details/information.				
2 9:30-10:30 Exercise- Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo	3 9:30-10:30 Exercise- Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15 Bingo	4 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo	5 9:30-10:30 Exercise-Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15 Bingo	6 National Wear RED Day 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo
9 9:30-10:30 Exercise- Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00 YAH Book Club 1:00-2:00 Exercise Geri-Fit 2:15 Bingo	10 9:30-10:30 Exercise-Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15 Bingo	11 CDC Visits 9:30-10:30 Exercise-Geri-Fit 9:30-10:30 Craft 10:45-11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo	12 9:30-10:30 Exercise-Zumba Gold 10:45 -11:45 Bingo 11:30 Dining Music with Roger 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15 Bingo	13 Valentine's Table Talk 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch/Table Talk 1:00-2:00 Exercise Geri-Fit 2:15 Bingo
16 9:30-10:30 Exercise- Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo	17 Mardi Gras 9:30-10:30 Exercise- Zumba Gold 9:30 Mardi Gras Craft 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:00 Mardi Gras Craft	18 9:30-10:30 Exercise-Geri-Fit 10:30 -11:30 Bingo 11:30-11:45 Nutrition Session- Healthy Food/Healthy Brain 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo	19 9:30-10:30 Exercise-Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15 Bingo	20 9:30-10:30 Exercise-Geri-Fit 11:00 Guest Speaker- Emergency Preparedness 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo
23 9:30-10:30 Exercise- Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo	24 ACOG ASSESSMENTS 9:30-10:30 Exercise-Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15 Bingo	25 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 12:45 Pool Tournament 1:00-2:00 Exercise Geri-Fit 2:15 Bingo	26 9:30-10:30 Exercise-Zumba Gold 10:45 -11:45 Birthdays & Bingo 11:45-12:45 Lunch 1 :00-2:00 Exercise Tai Chi 2:15 Bingo	27 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15 Bingo