

2026 Janu~~ary~~

Liberty Young at Heart Activities

349 Edgemont Avenue | Liberty SC | 8:30 AM-2:30 PM

864.855.3770 | Marsha Robertson, Program Coordinator



Available Daily 8:30 AM-2:30 PM –
Individual/Small Group Activities
Board/Table Games - Crafts –Playing Cards –
Jigsaw Puzzles - Reading – Pool Table

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Happy Birthday !!!!!!! 1/8 Beverly T 1/15 Mike A 1/9 Pat D 1/23 Hattie R 1/12 Randall G 1/26 Linnea P		1 CENTER CLOSED 	2 CENTER CLOSED 
5 New Year Celebration 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	6 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	7 Birthday Celebration 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch	8 Elvis Movie Day 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Elvis Movie 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	9 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
12 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	13 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-11 Shopping Trip 10-11:15 Bingo/LCR 11:30-12:30 Lunch	14 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch	15 ACOG ASSESSMENTS 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	16 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
19 CENTER CLOSED 	20 Let's Learn to Crochet 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9 Beginner Crochet 10-11:15 Bingo/LCR 11:30-12:30 Lunch	21 Snowball Games Day 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-Snowball Games/Bingo 11:30-12:30 Lunch	22 Craft Day 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	23 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
26 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	27 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-11 Shopping Trip 10-11:15 Bingo/LCR 11:30-12:30 Lunch	28 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 10:00 Nutrition Session-Inflammation 10:20-11:30 Bingo 11:30-12:30 Lunch	29 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	30 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch