

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Available Daily 8:30AM-5:00PM Coffee/Tea Bar Individual/Small Group Activities Board/Table Games ~ Playing Cards Jigsaw Puzzles ~ Reading/Shared Library ~ Pool Table <b>See bulletin board for more details/information.</b></p>			<p><b>1 Center Closed</b></p> <p>Happy New Year!!!</p>	<p><b>2 Center Closed</b></p> 
<p><b>5</b> 9:30-10:30 Exercise- Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p><b>6</b> 9:30-10:30 Exercise Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo</p>	<p><b>7</b> 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p><b>8 Elvis Celebration Day</b> 9:30-10:30 Exercise-Zumba Gold <b>9:30-10:30 Crafts-Project Linus</b> 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo <b>3:30-4:30 Crafts-Proiect Linus</b></p>	<p><b>9</b> 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>
<p><b>12</b> 9:30-10:30 Exercise- Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch <b>1:00 Young at Heart Book Club</b> 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p><b>13 ACOG Assessments</b> 9:30-10:30 Exercise- Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo</p>	<p><b>14</b> 9:30-10:30 Exercise-Geri-Fit <b>11:00 Speaker-Kevin Campbell</b> 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p><b>15</b> 9:30-10:30 Exercise-Zumba Gold <b>9:30-10:30 Winter Crafts</b> 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo <b>3:30-4:30 Winter Crafts</b></p>	<p><b>16</b> 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>
<p><b>19 Center Closed</b></p> 	<p><b>20</b> 9:30-10:30 Exercise- Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo</p>	<p><b>21</b> 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch <b>12:45 Pool Tournament</b> 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p><b>22</b> 9:30-10:30 Exercise-Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo</p>	<p><b>23</b> 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 <b>Bingo &amp; Birthdays</b></p>
<p><b>26</b> 9:30-10:30 Exercise- Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p><b>27</b> 9:30-10:30 Exercise- Zumba Gold <b>9:30-10:30 Crafts</b> 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo <b>3:30-4:30 Crafts</b></p>	<p><b>28</b> 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p><b>29</b> 9:30-10:30 Exercise-Zumba Gold 10:45 -11:30 Bingo 11:30-11:45 <b>Nutrition Session-Inflammation</b> 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo</p>	<p><b>30</b> 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>