

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Janudry</p>	<p>Available Daily 8:30AM-5:00PM Coffee/Tea Bar Individual/Small Group Activities Board/Table Games ~ Playing Cards Jigsaw Puzzles ~ Reading/Shared Library ~ Pool Table See bulletin board for more details/information.</p>		<p>1 Center Closed Happy New Year!!!</p>	<p>2 Center Closed</p> 
<p>5 9:30-10:30 Exercise- Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p>6 9:30-10:30 Exercise Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo</p>	<p>7 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p>8 Elvis Celebration Day 9:30-10:30 Exercise-Zumba Gold 9:30-10:30 Crafts-Project Linus 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo 3:30-4:30 Crafts-Project Linus</p>	<p>9 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>
<p>12 9:30-10:30 Exercise- Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00 Young at Heart Book Club 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p>13 ACOG Assessments 9:30-10:30 Exercise- Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo</p>	<p>14 9:30-10:30 Exercise-Geri-Fit 11:00 Speaker-Kevin Campbell 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p>15 9:30-10:30 Exercise-Zumba Gold 9:30-10:30 Winter Crafts 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo 3:30-4:30 Winter Crafts</p>	<p>16 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>
<p>19 Center Closed </p>	<p>20 9:30-10:30 Exercise- Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo</p>	<p>21 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 12:45 Pool Tournament 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p>22 9:30-10:30 Exercise-Zumba Gold 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo</p>	<p>23 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo & Birthdays</p>
<p>26 9:30-10:30 Exercise- Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p>27 9:30-10:30 Exercise- Zumba Gold 9:30-10:30 Crafts 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo 3:30-4:30 Crafts</p>	<p>28 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>	<p>29 9:30-10:30 Exercise-Zumba Gold 10:45 -11:30 Bingo 11:30-11:45 Nutrition Session- Inflammation 11:45-12:45 Lunch 1:00-2:00 Exercise Tai Chi 2:15-3:15 Bingo</p>	<p>30 9:30-10:30 Exercise-Geri-Fit 10:45 -11:45 Bingo 11:45-12:45 Lunch 1:00-2:00 Exercise Geri-Fit 2:15-3:15 Bingo</p>