


# Liberty Young at Heart Activity Calendar—June 2025

349 Edgemont Avenue Liberty SC 8:30 AM-2:30 PM 864.855.3770---Marsha Robertson, Program Coordinator

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>3</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba <b>9-11 Shopping Trip</b> 10-11:15 Bingo/LCR 11:30-12:30 Lunch	<b>4 First Wednesday Breakfast</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>5 Birthday Celebration</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	<b>6</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
<b>9</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>10</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:15 Bingo/LCR 11:30-12:30 Lunch	<b>11</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>12</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	<b>13</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
<b>16 Flag Day Celebration</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>17</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba <b>9-11 Shopping Trip</b> 10-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>18</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games <b>10:00 Are Healthy Bones Important? Nutrition Session</b> 10:30-11:30 Bingo 11:30-12:30 Lunch	<b>19 ACOG ASSESSMENTS</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	<b>20 First Day of Summer</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
<b>23 Nat'l Hydration Day</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>24</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:15 Bingo/LCR 11:30-12:30 Lunch	<b>25</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10:00-11:30 Bingo/LCR <b>11:30-12:30 Lunch and Learn World Elder Abuse Awareness</b>	<b>26</b> 8:30 Coffee/Open Activities 9-10 Exercise-Zumba 9-10 Cards/Games 10-11:30 Chicken Foot/Bingo/LCR 11:30 -12:30 Lunch	<b>27</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch
<b>30</b> 8:30 Coffee/Open Activities 9-10 Exercise-Geri-Fit 9-10 Cards/Games 10-11:30 Bingo/LCR 11:30-12:30 Lunch	<b>Available Daily 8:30 AM-2:30 PM</b>  <b>Individual/Small Group Activities</b> <b>Board/Table Games - Crafts –Playing Cards -Jigsaw Puzzles -</b> <b>Reading – Pool Table –</b> <b>Outdoor Games(weather permitting)</b>		 <b>Happy Birthday</b> 6/1 Joan E 6/4 Phil G 6/20 Lynda A 6/24 Gloria T	