

Central Young at Heart Activity Calendar—April 2025

120 Commons Way Central SC 8:30 AM-1:00 PM 864.507.2245---Stacey Brodie, Site Coordinator



PROM is April 12
Roaring Twenties
McKissick Center in Liberty

Available Daily
Individual/ Small Group Activities
8:30 AM-1:00 PM Board/Table Games - Crafts
Playing Cards -Jigsaw Puzzles - Reading --
Outdoor Games (weather permitting)
8:30-1:00 PM Pool Table Available

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 8:30 Coffee/Open Activities 9:00 Shopping Trip 9:30-10:30 Exercise- Arthritis 10:30 -Tuesday Trivia 11:15 Bingo 11:45-12:30 Lunch	2 8:30 Coffee/Open Activities 9:30-10:30 Exercise--GeriFit 10:30-Devotion w/ Charles Marcy(Optional) 11:00 Bingo 11:45-12:30 Lunch	3 8:30 Coffee/Open Activities 9:30-10:30 Exercise-Arthritis 10:30 -All About Eggs 11:00-11:45 Bingo 11:45-12:30 Lunch	4 8:30 Coffee/Open Activities 9:30-10:30 Exercise- GeriFit 10:30- Sip N paint Part 1 11:00-11:45 Bingo 11:45-12:30 Lunch
7 8:30 Coffee/Open Activities 9:30-10:30 Exercise-GeriFit 10:30 Sip N Paint Part 2 11:15-11:45 Bingo 11:45-12:30 Lunch	8 8:30 Coffee/Open Activities 9:30-10:30 Exercise-Arthritis 10:30 Paint Your Plate with Color Nutrition Session 11:15-11:45 Bingo 11:45-12:30 Lunch	9 8:30 Coffee/Open Activities 9:30-10:30 Exercise-GeriFit 10:30- Devotion(Optional)/ Bible Trivia 11-11:45 Bingo 11:45-12:30 Lunch	10 8:30 Coffee Open Activities 9:30-10:30 Exercise-Arthritis 10:30 Let's Talk Honey 11:15-11:45 Bingo 11:45-12:30 Lunch	11 8:30 Coffee/Open Activities 9:30-10:30 Exercise -GeriFit 10:30 Fill Easter Eggs 11:00-11:45 Bingo 11:45-12:30 Lunch
14 8:30 Coffee/Open Activities 9:30-10:30 Exercise-GeriFit 10:30- Scavenger Egg Hunt 11:15-11:45 Bingo 11:45-12:30 Lunch	15 8:30 Coffee/Open Activities 9:00 Shopping Trip 9:30-10:30 Exercise- Arthritis 10:30 – Color Eggs 11:15 Bingo 11:45-12:30 Lunch	16 8:30 Coffee/Open Activities 9:30-10:30 Exercise-GeriFit 10:30 – Easter Devotion (optional) 11:15-11:45 Bingo 11:45-12:30 Lunch	17 ACOG ASSESSMENTS 8:30 Coffee Open Activities 9:30-10:30 Exercise-Arthritis 10:30-11:15 – Music w/Sonya 11:45-12:30 Lunch	18 CENTER CLOSED FOR EASTER 
21 8:30 Coffee/Open Activities 9:30-10:30 Exercise-GeriFit 10:30 - Movie Popcorn 11:15-11:45 Bingo 11:45-12:30 Lunch	22 8:30 Coffee/Open Activities 9:30-10:30 Exercise- Arthritis 10:30 -Crafting w/Cindy 11:15-11:45 Bingo 11:45-12:30 Lunch	23 8:30 Coffee/Open Activities 9:30-10:30 Exercise-GeriFit 10:30 Devotion(Optional) 11-11:45 Bingo 11:45-12:30 Lunch	24 8:30 Coffee Open Activities 9:30-10:30 Exercise-Arthritis 10:30 Apple Butter/ Jam Day 11:45-12:30 Lunch	25 8:30 Coffee/Open Activities 9:30-10:30 Exercise- GeriFit 10:30 Birthday Celebration 11:00-11:45 Surprise Bingo Friday 11:45-12:30 Lunch
28 8:30 Coffee/Open Activities 9:30-10:30 Exercise-GeriFit 10:30 - Gardening w/Meredith 11:15-11:45 Bingo 11:45-12:30 Lunch	29 8:30 Coffee/Open Activities 9:00 Shopping Trip 9:30-10:30 Exercise- Arthritis 10:30 – Game Face 11:15 Bingo 11:45-12:30 Lunch	30 8:30 Coffee/Open Activities 9:30-10:30 Exercise-GeriFit 10:30 Devotion(Optional) 11-11:45 Bingo 11:45-12:30 Lunch		April 2 Eugene T. April 2 Leonard W. April 14 Keith B. April 16 Russell O. April 16 Connie Q.