



The McKissick Center
FOR SENIOR WELLNESS

June 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Pork Chop Peach Salsa Couscous Sauteed Squash Dried Cranberries Milk	3	Beef Enchiladas Black Beans Sauteed Spinach Fruit Milk	4	Turkey Stroganoff Roasted Brussel Sprouts Roasted Carrots Fruit Cup / Roll Yogurt	5	General Tso Chicken Steamed Broccoli Steamed Cauliflower Rice / Fruit Milk	6	Hot Dog w/Chili Scallion Potato Salad Cole Slaw Fruit Cup Yogurt	7
Baked Spaghetti Baked Potato Roasted Broccoli Fruit Juice Cup	10	Lemon Chicken Roasted Carrots & Zucchini, Orzo Blueberry Apple Crisp Milk	11	Chef Salad Black Eyed Pea Salad Crackers / Fruit Yogurt	12	Turkey Pepper Casserole Vegetable Medley Green Beans Baked Apples & Raisins Garlic Toast	13	Ham & Veggie Wrap Cannellini Bean Salad Cucumber Slices Fruit Milk	14
Meatloaf Sauteed Spinach Mashed Potatoes Fruit Juice Cup, Roll Milk	17	Veggie Ham Pasta Salad Baked Sweet Potato Roasted Broccoli Fruit / Yogurt	18	Chili Lime Chicken Beets Spanish Beans / Rice Fruit Cup Milk	19	Fresno Pork Roast Citrus Green Bean Salad Mac & Cheese Fruit	20	Chicken Salad Cucumber, Tomato Salad Fresh Spinach Crackers Banana Pudding	21
BBQ Chicken Green Peas and Carrots Mashed Potatoes Fruit Juice Cup / Roll Milk	24	Hamburger Lettuce Tomato Mayo Baked Beans Carrot Pineapple Slaw Pudding / Juice	25	Roasted Pork Green Beans Pimentos Red Potato Salad Fruit Cup / Roll Yogurt	26	Chicken Parmesan Ital Mushrooms Roasted Broccoli Garlic Toast Fruit	27	Greek Chicken Wrap Greek Salad Grape Salad Red Bell Pepper Slices Milk	28

Menu items are subject to change due to availability