



The McKissick Center
FOR SENIOR WELLNESS

May 2024

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--|---|---|--|--|---|---|--|--------|--|
| | | | | 1 Roasted Pork Green Beans Pimentos Red Potato Salad Fruit Cup / Roll Yogurt | 2 Chicken Parmesan Ital Mushrooms Roasted Broccoli Garlic Toast / Fruit | 3 Greek Chicken Wrap Greek Salad Grape Salad Red Bell Pepper Slices Milk | | | |
| 6 Pork Chop Peach Salsa Couscous Sauteed Squash Dried Cranberries Milk | 7 Beef Enchiladas Black Beans Sauteed Spinach Fruit Milk | 8 Turkey Stroganoff Roasted Brussel Sprouts Roasted Carrots Fruit Cup / Roll Pudding | 9 General Tso Chicken Steamed Broccoli Steamed Cauliflower Rice / Fruit Milk | 10 Hot Dog w/Chili Scallion Potato Salad Cole Slaw Fruit Cup Yogurt | | | | | |
| 13 Baked Spaghetti Baked Potato Roasted Broccoli Fruit Juice Cup | 14 Lemon Chicken Roasted Carrots & Zucchini, Orzo Blueberry Apple Crisp Milk | 15 Chef Salad Black Eyed Pea Salad Crackers / Fruit Yogurt | 16 Turkey Pepper Casserole Vegetable Medley Green Beans Baked Apples & Raisins Garlic Toast | 17 Ham & Veggie Wrap Cannellini Bean Salad Cucumber Slices Fruit Milk | | | | | |
| 20 Meatloaf Sauteed Spinach Mashed Potatoes Fruit Juice Cup / Roll Milk | 21 Veggie Ham Pasta Salad Baked Sweet Potato Roasted Broccoli Fruit / Yogurt | 22 Chili Lime Chicken Beets Spanish Beans / Rice Fruit Cup Milk | 23 Fresno Pork Roast Citrus Green Bean Salad Mac & Cheese Fruit | 24 Chicken Salad Cucumber, Tomato Salad Fresh Spinach Crackers Banana Pudding | | | | | |
| 27 Closed For Holiday | 28 Hamburger Lettuce Tomato Mayo Baked Beans Carrot Pineapple Slaw Pudding / Fruit | 29 Roasted Pork Green Beans Pimentos Red Potato Salad Fruit Cup / Roll Yogurt | 30 Chicken Parmesan Ital Mushrooms Roasted Broccoli Garlic Roll/ Fruit | 31 Greek Chicken Wrap Greek Salad Grape Salad Red Bell Pepper Slices Milk | | | | | |

Menu items are subject to change due to availability