

What a challenging year 2020 has been for Pickens County Meals on Wheels (PCMOW). While trying to safely navigate the challenges of this pandemic, our volunteers and staff raised the bar as we welcomed the opportunity to serve more homebound seniors than ever in the history of PCMOW. With the collaborative effort of volunteers, staff, and support of the Pickens County community, we have added over 140 seniors to our home delivery meal service program. We now serve 350 seniors each weekday.

Who are these seniors? It is seniors like Irene, who lives alone and looks forward to her meal delivery each weekday. Irene's family lives out of state, unable to visit with her on a regular basis. She is unable to drive anymore and lacks the stamina to cook herself a hot meal. Our volunteers deliver a meal to Irene each weekday and look forward to the smile on her face when she opens the door. Our volunteers are a lifeline to seniors like Irene. All of us probably know someone like Irene who wants to remain in their own home as long as possible.

It's seniors like Rebecca, who recently began receiving meals. She has brain cancer, is bed ridden, and has no family in the area. She relies on her best friend, Sara, to help take care of her. Sara confided with our staff the difficulties she faces while trying to care for her best friend. Our client service coordinator connected Sara with the resources she needed to better care for Rebecca. Our home delivery meal service is much more than a meal.

Each year, we rely on hundreds of volunteers and thousands of donors, of all levels, to provide the services and meet the needs of our senior neighbors in Pickens County. It takes over \$1,200 to support each one of our seniors annually. Your donations provide security, comfort, dignity, and most of all – the knowledge that someone cares. This year is more important than other years due to the COVID pandemic.

Meals on Wheels is more than a meal, and today, your support matters. Every gift helps us nourish the mind, body, and soul of our senior neighbors, one meal at a time.

On behalf of our board, staff and most especially, those we serve, thank you for your support.

With Warmest Regards,



## WAYS TO GIVE TO PICKENS COUNTY MEALS ON WHEELS

1

Mail a check to:  
Meals on Wheels,  
349 Edgemont,  
Liberty, SC 29657

2

Donate online using  
PayPal at  
[www.pcmow.org](http://www.pcmow.org)

3

Recognize a  
loved one with  
an honorarium or  
memorial

4

Make a gift of  
appreciated stock or  
include MOW in your  
estate planning

Donate copy paper,