

May 2020

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								General Tso's Chicken	1
MENU KEY								Steamed Broccoli	
No Delivery Freezing Meals								Stir Fry Zucchini & Onio	ns
Sending Hot Meal w/ Frozen								Pears	
Delivering Hot Meal w/ 2 Frozen								Brown Rice	
								1% Milk	
· · · · · · · · · · · · · · · · · · ·	4	Apple Orchard Pork Chop	5	Kielbasa w/ Pepr & Onion	6	White Chicken Chili	7	Pulled Pork BBQ	8
Whole Wheat Crackers		Mashed Potatoes		Rstd Sweet Potatoes		w/ corn		Baked Beans	
Cucumber, Garbonzo &		Corn & Black Beans		& Brussel Sprouts		Warm spiced apples		Cole Slaw	
Tomato Salad		Whole Grain Roll		Apricots		Cornbread		Whole Wheat Bun	
Banana				Fruited Yogurt				Brownie	
Fortified Juice		Fortified Juice		1% Chocolate Milk				1% Milk	
· · · · · · · · · · · · · · · ·	11	BBQ Chicken Thigh	12	Crustless Ham &	13	Hearty Beef Kielbasa	14	Chicken Cordon Bleu	15
Buttered Carrots &		Cajun Red Beans & Rice		Vegetable Quiche		Sauteed Cabbage		Sauteed Spinach	
Red Grapes		Creole Tomatoes & Okr	а	Potato & Kale Hash		White Rice		Roasted Carrots	
Texas Toast		Whole Wheat Roll		Creamy Polenta		Whole Wheat Roll		Coconut-Pineapple Bar	·s
1% Milk		1% Milk		1% Milk		Fortified Juice		Fortified Juice	
' ' <u> </u>	18	Swiss Steak w/ Gravy	19	Chef Salad w/ Fat Free	20	Baked Zita	21	Crisy Baked Pork Cutlet	22
Lettuce Swiss and Mayo		and onions		Ranch Dressing		Roasted Brussel Sprouts		Great Northern Beans	
Broccoli Salad		Mashed Potatoes		Whole Grain Roll		Garlic Toast		Diced Beets	
Applesauce		Shredded Brussel Sprouts		Mandarin Oranges				Cornbread	
Whole Wheat Wrap		Whole Wheat Roll		Fruited Yogurt					
1% Milk		Fortified Juice		Fortified Juice				Fortified Juice	
	25	Pork Chop & Stuffing	26	Beef & Salsa Burrito	27	Stuffed Shells w/ Chunky	28	General Tso's Chicken	29
		Casserole		Tortilla Lettuce & Tomato		Marinara & Cheese		Steamed Broccoli	
CLOSED FOR HOLIDAY		Sweet Potato		Refried Beans		Roasted Green Beans &		Stir Fry Zucchini & Onions	
MEMORIAL DAY		Blueberry-Apple Crisp		Chuckwagon Corn		Peppers		Pears	
				Mand Oranges & Banana	as	Baked Potato w/ Butter		Brown Rice	
		1% Milk		Fortified Juice		Fortified Juice		1% Milk	

DONATIONS FOR ACTIVITIES AND MEALS ARE GRATEFULLY ACCEPTED.