

McKissick Center for Senior Wellness—Activity Calendar—July 2018

349 Edgemont Avenue Liberty SC 8:30 AM-2:30 PM 864.855.3770--Marsha Robertson, Program Coordinator

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>*Reservations are required for lunch. See Program Coordinator (Marsha) to make reservation.</i>		<i>Billiards Daily 8:30-11:30 AM and 12:30-2:30PM</i>	
2 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	3 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11 Bingo 11:00 July 4th Celebration 11:30-12:30 Lunch*	4 Center Closed 	5 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:30 Chicken Foot/ Table Games 11:30-12:30 Lunch*	6 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*
9 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	10 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:15 Bingo 11:30-12:30 Lunch*	11 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	12 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:30 Chicken Foot/ Table Games 11:30-12:30 Lunch*	13 Celebrate Natl Ice Cream Day 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10:00 Ice Cream Party 10:30-11:30 Bingo 11:30-12:30 Lunch*
16 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11 Bingo 11:30-12:30 Lunch*	17 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:15 Bingo 11:30-12:30 Lunch*	18 Birthday Celebration 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	19 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:30 Chicken Foot/ Table Games 11:30-12:30 Lunch*	20 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*
23 2nd Annual Connect 4 Tournament 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	24 2nd Annual Connect 4 Tournament 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:15 Bingo 11:30-12:30 Lunch*	25 2nd Annual Connect 4 Tournament 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	26 2nd Annual Connect 4 Tournament 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:30 Chicken Foot/ Table Games 11:30-12:30 Lunch*	27 2nd Annual Connect 4 Tournament 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*
30 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	31 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:15 Bingo 11:30-12:30 Lunch*	National Ice Cream Day July 15 		7/1 Charles M. 7/11 Frank G. 7/2 Betty P. 7/20 Viann C. 7/8 Joe D. 7/27 Deb B. 7/9 Carol D. 7/31 George E.