

# McKissick Center for Senior Wellness—Activity Calendar—July 2018

349 Edgemont Avenue Liberty SC 8:30 AM-2:30 PM 864.855.3770--Marsha Robertson, Program Coordinator

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>*Reservations are required for lunch. See Program Coordinator (Marsha) to make reservation.</i>		<i>Billiards Daily 8:30-11:30 AM and 12:30-2:30PM</i>	
<b>2</b> 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	<b>3</b> 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11 Bingo <b>11:00 July 4<sup>th</sup> Celebration</b> 11:30-12:30 Lunch*	<b>4</b> <b>Center Closed</b> 	<b>5</b> 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:30 Chicken Foot/ Table Games 11:30-12:30 Lunch*	<b>6</b> 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*
<b>9</b> 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	<b>10</b> 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:15 Bingo 11:30-12:30 Lunch*	<b>11</b> 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	<b>12</b> 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:30 Chicken Foot/ Table Games 11:30-12:30 Lunch*	<b>13 Celebrate Natl Ice Cream Day</b> 8:30 Coffee/Open Activities 9-10 Arthritis Exercise <b>10:00 Ice Cream Party</b> 10:30-11:30 Bingo 11:30-12:30 Lunch*
<b>16</b> 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11 Bingo 11:30-12:30 Lunch*	<b>17</b> 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:15 Bingo 11:30-12:30 Lunch*	<b>18 Birthday Celebration</b> 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	<b>19</b> 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:30 Chicken Foot/ Table Games 11:30-12:30 Lunch*	<b>20</b> 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*
<b>23 2<sup>nd</sup> Annual Connect 4 Tournament</b> 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	<b>24 2<sup>nd</sup> Annual Connect 4 Tournament</b> 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:15 Bingo 11:30-12:30 Lunch*	<b>25 2<sup>nd</sup> Annual Connect 4 Tournament</b> 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	<b>26 2<sup>nd</sup> Annual Connect 4 Tournament</b> 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:30 Chicken Foot/ Table Games 11:30-12:30 Lunch*	<b>27 2<sup>nd</sup> Annual Connect 4 Tournament</b> 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*
<b>30</b> 8:30 Coffee/Open Activities 9-10 Arthritis Exercise 10-11:15 Bingo 11:30-12:30 Lunch*	<b>31</b> 8:30 Coffee/Open Activities 9-10 Zumba & Stretching 10-11:15 Bingo 11:30-12:30 Lunch*	<b>National Ice Cream Day July 15</b> 		7/1 Charles M. 7/11 Frank G. 7/2 Betty P. 7/20 Viann C. 7/8 Joe D. 7/27 Deb B. 7/9 Carol D. 7/31 George E.