

## MEAL DELIVERY TIME

Volunteer drivers will deliver Monday – Friday between 11:00 am and 1:00 pm.

1. You MUST be home to receive your meal.
2. Meals CANNOT be left outside or in a cooler.
3. Your safety is important to us. We will call your emergency contacts and make every effort to know you are safe when we cannot make contact with you.

## HOW TO CANCEL A MEAL

Help protect our precious resources. If you WILL NOT BE HOME between 11:00 am and 1:00 pm, please call or have someone call by 10:00 am the day before.

**864.855.3770**

Failure to cancel meals in advance may result in a suspension or termination of services.



**“Thanks for every meal you bring. I don’t know what I would do without it. Most of the time it’s the only person I see all day. God bless you in this service you do. How I wish I could be at your end.”**

*Ms. C, age 91*



**The McKissick Center**  
FOR SENIOR WELLNESS

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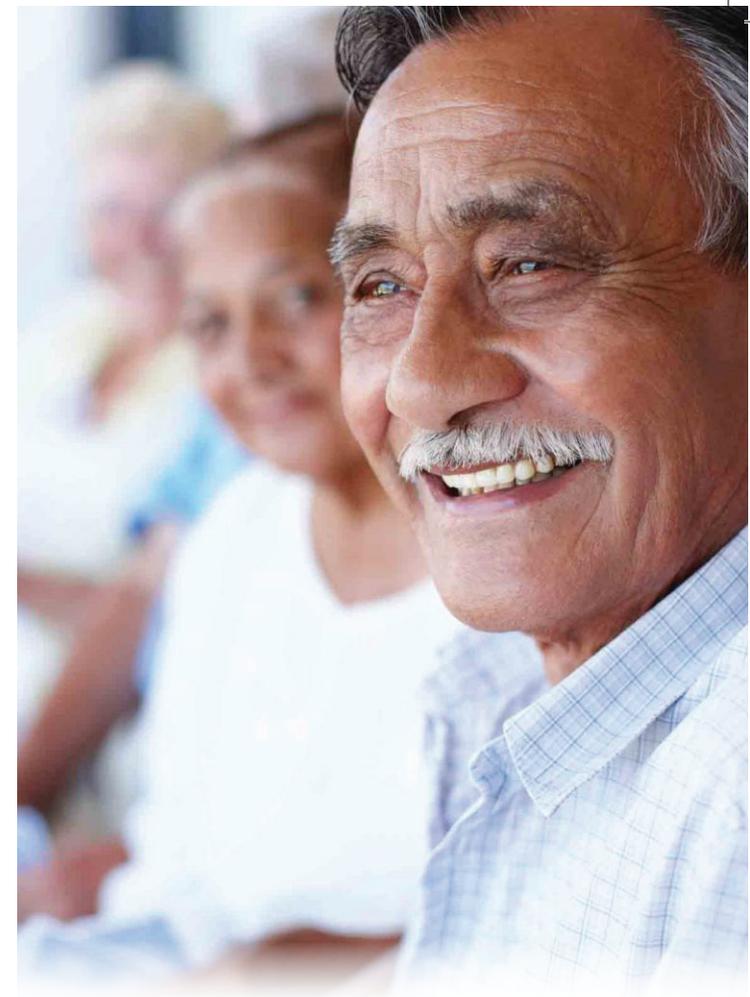
## MISSION

Pickens County Meals on Wheels (PCMOW) exists to combat the effects of hunger, loneliness and isolation on senior citizens living in Pickens County, and to provide a lifeline through the use of caring volunteers.

Pickens County Meals on Wheels is a 501(c)3 non-profit charitable organization.

## VISION

Our vision is to provide a continuum of care for active, aging and homebound individuals by providing daily meals; social, cultural and educational activities. By connecting individuals and their families to the services they need we ensure they are a valued member of our community.



**mealsonwheels**  
PICKENS COUNTY



## MEAL SERVICE

The meals served are a standard diabetic meal which is low-salt, low-fat and provides one-third of the daily nutritional requirements. Special diets include: chopped, purée and renal.

Meals are planned on a four week rotating menu and consist of protein, starch, fruit, vegetable and choice of milk or juice. We are unable to accommodate likes and dislikes.

Meals on Wheels complies with all health, sanitary, and food safety regulations. However, once you (or other responsible party) have accepted the correct meals, you assume responsibility for proper food handling and storage. Please eat or refrigerate your meal right away.

## CLIENT CONTRIBUTIONS

Our clients are the reason we exist and are the motivating factor in all that we do. Every day we strive to provide the most cost effective service to help individuals "age in place" while maintaining their health, independence and quality of life. And each year, it takes hundreds of volunteers and thousands of donors, of all levels, to make this happen.

Client contributions are important. Daily, weekly, or monthly contributions toward the cost of meal service allow us to continue providing meals to all who need them.

Services will not be denied to anyone who is unable to help with the cost of the meal; however, it is important that everyone give at a level they can afford. Our case managers work with each individual to determine a level of support that meets their budget. All contributions help us provide services to all that need them.

## INCLEMENT WEATHER

We follow the Pickens County School District's schedule during bad weather.

- During a 2 hour delay, we WILL DELIVER meals. Volunteers are instructed to use extreme caution.
- During a school closure, we WILL NOT DELIVER meals. You will receive a safety check by phone.

## HOLIDAYS AND CLOSURES

There are 10 days during the year when we do not deliver meals:

- New Year's Eve & New Year's Day
- Good Friday
- Memorial Day
- Independence Day
- Labor Day
- Thanksgiving Day & the day after
- Christmas Eve & Christmas Day

## CLIENT RIGHTS

Receive service without discrimination and be treated with consideration, respect, and recognition of your dignity and individuality by agency staff and volunteers.

Receive service without regard to income, race, religion, national origin, sex or handicap.

Know that personal information you share with agency staff will be kept strictly confidential.

Receive all services for which you are eligible including all available information on referrals to other community resources.

Express opinions, complaints, or suggestions regarding agency service, and the right to refuse service.

## CLIENT RESPONSIBILITIES

Report any changes in health, living situation, address, phone number, or emergency contact to Meals on Wheels immediately.

Allow Meals on Wheels to complete the required home visits and assessment to determine ongoing needs and eligibility.

Be home to accept meals, or call in advance to cancel meals.

Agree to receive this service from any server who is assigned to serve the route regardless of race, sex, color, creed or national origin.

Provide safe living conditions for staff and volunteers entering the premises. This includes but is not limited to having pets restrained, freedom from illegal activities, or inappropriate behavior in and around residence, and freedom from unsafe structural conditions.



**As a CNA, Ruthie has spent the majority of her life caring for others. Diagnosed with lung cancer and COPD, she is a survivor. Today she is homebound, has little family support and lives on a very tight budget. Despite her hardships, Ruthie remains positive and steadfast in her quest to remain independent.**

**"I don't know how I survived before I met you all. You are all angels, and that's the truth. What would people do without Meals on Wheels? May God bless you always."**